

# Maintaining a Long Distance Relationship with someone in Hong Kong

Maintaining a long-distance relationship requires effort, effective communication, and thoughtful gestures. We spoke to our readers who have been separated by work circumstances, and asked them how they do it! The good news? It's doable, and rewarding if you put the effort in, even if it isn't always easy. Here is a guide to help you keep the spark alive and nurture a healthy, thriving relationship with your partner in Hong Kong.

## **Communication is Key:**

- Prioritize regular, open, and honest communication. Use various mediums such as calls, video chats, messaging apps, and emails to stay connected.
- Set aside dedicated time to talk, respecting each other's schedules and time differences.
- Use tools like Zoom, WhatsApp, or FaceTime for face-to-face conversations to strengthen your emotional connection.

## **Maintain Trust and Transparency:**

- Trust is crucial in any relationship, but even more so in long-distance ones. Avoid unnecessary jealousy or suspicion by maintaining transparency.
- Share your daily life experiences, including successes, challenges, and emotions.
- Be reliable and keep your promises. Trust is built on consistency and dependability.

## **Surprise Gifts and Gestures:**

- Surprise your partner with thoughtful gifts that can make them feel loved and appreciated.
- Online Florists like Flower Chimp ([www.flowerchimp.com.hk](http://www.flowerchimp.com.hk)) and Flowerbee ([www.flowerbee-hk.com](http://www.flowerbee-hk.com)) offer a variety of flower bouquet and other options for gift and flower delivery within Hong Kong. They are more affordable so you can send flowers more often and at unexpected moments!
- Consider personalized items, such as engraved jewelry or monogrammed accessories, to make the gift more special. [www.monicavinader.com](http://www.monicavinader.com) has affordable and great quality gold and diamond jewellery, and also a store in Hong Kong to offer personalization and help with repairs in future.
- Handwritten letters or postcards can also be a delightful surprise and symbolize your effort and commitment. Skip emails, and send these using traditional stamps through air mail!

## **Virtual Dates and Shared Activities:**

- Plan virtual dates or shared activities that you can enjoy together despite the distance.
- Watch a movie or TV series simultaneously while video calling.
- Play online games or engage in multiplayer video games.
- Cook the same recipe and have a virtual dinner date.
- Explore online workshops, classes, or virtual tours that you both can join together.

### **Plan Visits and Set Goals:**

- Discuss and plan visits to each other's locations whenever feasible.
- Set common goals and milestones for your relationship, like when you plan to close the distance.
- Having these plans and a shared vision for the future can provide reassurance and motivation during challenging times.

### **Prioritize Emotional Support:**

- Be available to provide emotional support for each other, especially during tough moments.
- Listen actively, show empathy, and be understanding. Distance can amplify emotions, so it's important to be patient and compassionate.
- Encourage open communication about feelings and regularly check in on each other's well-being.

Remember, every relationship is unique, and adapting these suggestions to fit your specific circumstances is crucial. Stay committed, put in the effort, and nurture your connection to ensure a fulfilling and enduring long-distance relationship.