

Destress and Rejuvenate Your Body with the Acupuncture Yoga Mat and Pillow

Do you ever wish to have a relaxing body massage after a mentally draining day at work? [The Acupuncture Yoga Mat and Pillow](#) gives your body a deeply soothing massage that puts you to sleep within seconds. The acupuncture nails push pressure points on your body to relieve muscle pain and recharge your body.

Cures Aching Muscles and Energizes Tired Body

The Acupuncture Yoga Mat and Pillow is laced with 230 massage nails and more than 6000 massage points. The message nails press pressure points on your body to create a calming sensation. The massage points stimulate the production of endorphin, the pain-killing hormone that eliminates stress and generates a feeling of well-being.

Ensures Pain-free Body in 30 Minutes

The pressure spikes promote blood circulation and reduce muscle tension. The pillow is packed with 1500 massage points that relax your neck and head muscles. When pressure is applied, stress-reducing and mood-lifting hormones are released into the body to destress the body in just 10 to 30 minutes.

Salon-like Massage Therapy

The Acupuncture Yoga Mat and Pillow allows you to have salon-like massage therapy in the comfort of your home. All you need is to lay down the mat on your floor and place the pillow against it. Lie down and let the yoga mat work its magic on you. Alternatively, you may stand and enjoy that therapeutic feeling on your feet.

Conclusion

The Acupuncture Yoga Mat and Pillow is an inexpensive massaging kit to relieve stress and rejuvenate your body. The therapeutic massaging nails and points keep physical and mental stress at bay.